

Trailblazer Advancement

	TenderFoot	Second Class	First Class
Troop Meeting Advancement			
Scout			
Flag	6	4	
Athletics	10		
Ropes	4a, b		7a,b, 8a
Trails	5	1a	1
P & A	11	6	6
First Aid	12a,b	7a, c	8b,c,d
Aquatics - Verbal	9	8a	9a
Cooking - Verbal		3e	4a,b,c,d
Study and Prepare at Home			
Troop Meeting - Demo Proficiency	7, 8	7b	11
Civics			5
Safety		9b	
Outdoor Advancement			
5 Mile Hike		1b	
Campouts	1, 2	3a,b,d	3
Cooking - Campout	3	3f,g	4e
Totin Chip (Campout)		3c	
Orienteering Course			2
Aquatics - Pool		8b,c	9b,c
Service Project		5	
Other Advancement			
At School(HighCrest)		9a	
Scoutmaster	13, 14	10, 11, 12	10, 11, 12, 13
BOR	15	13	14

Flag Display Trailblazer Advancement

Session #1

1. Tenderfoot #6
Demonstate how to display, raise, lower, and fold the American Flag (pp. 72-76)

Session #2

1. Second Class #4
Participate in a Flag Ceremony (pp. 72-76).

Athletics Skills Trailblazer Advancement

Week #0

1. Tenderfoot #10a
Record your best in the following Tests (pp. 96-99)
Push-ups
Pull-ups
Sit-ups
Standing Long Jump
 $\frac{1}{4}$ mile run-walk

Week #1, #2, #3

Practice for 30 Days

Week #4 (30 days later)

1. Tenderfoot #10a
Record your best in the following Tests (pp. 96-99)
Push-ups
Pull-ups
Sit-ups
Standing Long Jump
 $\frac{1}{4}$ mile run-walk
2. TenderFoot #10b (pp. 96-99)
Show Improvement in the activities listed above

Ropework

Trailblazer Advancement

Session #1

1. Tenderfoot #4a
Whipping and Fusing (pp. 380 -381)
2. TenderFoot #4b
Tie and describe uses for:
Two Half Hitches
Taut Line Hitch (pp. 384 - 385)

Session #2

1. First Class # 7a
Discuss when you should and should not use lashings (p. 386 - 387).
Demonstrate Timber Hitch and Clove Hitch and their use in
Square, Shear, and Diagonal Lashings (pp. 392 -398)
2. First Class #7b
Use Lashings to make a Camp Gadget.
Tripod with Tripod Lashing(pp.392 - 401)

Session #3

1. First Class #8a
Tie the Bowline (p. 388 - 389) and describe ways it can be used.

Trail Skills

Trailblazer Advancement

Session #1

1. Tenderfoot #5

Explain the rules of safe hiking, both on highways and across country, during the day and night. Explain what to do if you get lost. (pp. 279, 282-283)

2. Second Class #1a

Demonstrate how a compass works and how to orient a map. Explain what map symbols mean. (pp. 354, 360-364)

Session #2

1. First Class # 1

Demonstrate how to find directions during the day and at night without a compass (pp. 368-371).

Plants and Animals Trailblazer Advancement

Session #1

1. Tenderfoot #11

Identify local poisonous plants and tell how to treat for exposure. (pp. 138-139)

Show Pictures!

Poison Ivy

Poison Oak

Poison Summac

Session #2

1. Second Class #6

Identify or show evidence of at least (10) kinds of wild animals found in your community (pp. 221, 231).

2. First Class # 6

Identify or show evidence of at least (10) kinds of native plants found in your community (pp. 212, 215).

First Aid

Trailblazer Advancement

Session #1

1. Tenderfoot #12a
Demonstrate how to care for someone who is choking (pp. 134-135)
2. TenderFoot #12b
Show First Aid for the following:
Simple Cuts and Scratches (p. 136)
Blisters on the Hand and Foot (p. 137)
Minor Burns and Scalds (p. 148)
Bites and Stings of Insects and Ticks (pp. 142-143)
Venomous Snakebite (pp. 141-142)
Nosebleed (p. 138)
Frostbite and Sunburn (pp. 150, 152)

Session #2

1. Second Class # 7a
Show what to do for hurry cases of stopped breathing, serious bleeding, and ingested poisoning. (pp. 162-170).
2. Second Class #7c
Demonstrate First Aid for the following:
Object in the eye (p. 145).
Bite of suspected rabid animal (p.140).
Puncture wounds from a splinter, nail, and fishhook (pp. 145-146).
Serious Burns – 2nd degree (pp. 148-149).
Heat exhaustion (p. 150).
Shock (pp. 170-171).
Heatstroke, dehydration, hypothermia, and hyperventilation (pp. 147-148, 151-152).
3. Second Class #7b
AT HOME: Prepare a personal First Aid Kit for use on a Hike (p.127).

Session #3

1. First Class #8b
Demonstrate Bandages for a sprained ankle and for injuries on the head, upper arm, and collarbone (pp. 155, 157-161).
2. First Class #8c
Show how to transport by yourself, and with one other person, a person:

From a smoke filled room
With a sprained ankle, for at least 25 yards (pp. 154, 172-175).
3. First Class #8d
Tell the five most common signs of a Heart Attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR) (p. 164-166).

Aquatics Verbal Skills Trailblazer Advancement

Session #1

1. TenderFoot #9
Buddy System. Explain why we use the Buddy System in Scouting (pp. 39, 62).

Safety
Swimming, Hiking, Camping, *Anytime*
Buddy Check
Keep track of your Buddy – With him at all times
Describe what a bully is and how you should respond to one.

2. Second Class #8a
Safe Swim Defense. Tell what precautions must be taken for a safe swim. (p. 182)
 1. Qualified Supervision
 2. Physical Fitness
 3. Safe Area
 4. Lifeguards on Duty
 5. Lookout
 6. Ability Groups
 7. Buddy System
 8. Discipline

Session #2

1. First Class # 9a
Safety Afloat. Tell what precautions must be taken for a safe trip afloat (pp. 194-195).
 1. Qualified Supervision
 2. Physical Fitness
 3. Swimming Ability
 4. Personal Flotation Equipment
 5. Buddy System
 6. Skill Proficiency
 7. Planning
 8. Equipment
 9. Discipline

Cooking Verbal Skills

Trailblazer Advancement

Session #1

1. Second Class #3e
Discuss when it is appropriate to use a cooking fire and a lightweight stove. Discuss the safety procedures for using both. (p. 325)

Session #2

1. First Class # 4a
Help plan a patrol menu for one campout that includes at least one breakfast, lunch, and dinner, and that requires cooking at least two of the meals. Tell how the menu includes the foods from the food pyramid and meets nutritional needs (pp. 102-105, 316-317, 320).
2. First Class #4b
Using the menu planned in #4a, make a list showing the cost and food amounts needed to feed three or more boys and secure the ingredients. (pp. 321-323)
3. First Class #4c
Tell which pans, utensils, and other gear will be needed to cook and serve these meals. (p.324)
4. First Class #4d
Explain the procedures to follow in the safe handling and storage of fresh meats, dairy products, eggs, vegetables, and other perishable food products. Tell how to properly dispose of camp garbage, cans, plastic containers, and other rubbish. (pp. 328-329)

Cooking Campout Skills

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Campout #1

1. TenderFoot #3
On a campout, assist in the preparing and cooking one of your patrol's meals. Tell why it is important for each patrol member to share in meal preparation and clean-up, and explain the importance of eating together. (pp. 327, 329-339)

Campout #2

1. Second Class # 3f
Demonstrate how to light a fire and a lightweight stove. (pp. 410-415)
2. Second Class #3g
On one campout, plan and cook over an open fire one hot breakfast or lunch for yourself, selecting foods from the food pyramid. Explain the importance of good nutrition. Tell how to transport, store, and prepare the foods that you selected. (pp. 102, 316, 320-323, 326, 329, 339)

Campout #3

1. First Class #4e
On one campout, serve as your Patrol's cook. Supervise your assistant(s) in using a stove or building a cooking fire. Prepare a breakfast, lunch, and dinner planned in requirement 4a. Lead your patrol in saying grace at the meals and supervise clean-up. (pp. 325-327, 342)