



# FAMILY LIFE

## Merit Badge Requirements

- 1) Prepare an outline and discuss with your merit badge counselor what a family is and how the actions of one member can affect other members.
- 2) List 10 reasons why you are important to your family. Review these points with your parents or guardians and with your merit badge counselor.
- 3) Prepare a list of your regular home duties or chores (at least five) and do them for 90 days. Keep a record of how often you do each of them.
- 4) With the approval of your parents/guardians and your merit badge counselor, decide on and carry out a project that you would do around the house that would benefit the family. Submit a report to your merit badge counselor outlining how the project benefited the family.
- 5) Plan and carry out a project that involves the participation of your family. After carrying out the project, discuss the following with your merit badge counselor:
  - A) The objective or goal of the project
  - B) How individual members of your family participated
  - C) The results of the project
- 6) Do the following:
  - A) Discuss with your merit badge counselor how to plan and carry out a family council.
  - B) After this discussion, plan and carry out a family council to include the following subjects:
    - 1) How to avoid the use of drugs and drug abuse
    - 2) Understanding the growing-up process, how the body changes, and making responsible decisions dealing with sex
    - 3) Personal and family finances

What is a Family? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How can the actions of one member affect other members? \_\_\_\_\_  
\_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_

## Requirement 2

10 Reasons I am important to my family are:

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_
- 6) \_\_\_\_\_
- 7) \_\_\_\_\_
- 8) \_\_\_\_\_
- 9) \_\_\_\_\_
- 10) \_\_\_\_\_

\_\_\_ I have reviewed these with my parents.

\_\_\_ I have reviewed these with my merit badge counselor.

## Requirement 3

Prepare a list of your regular home duties or chores (at least five) and do them for 90 days. Keep a record of how often you do each of them.

Use the following sheet to help you with this requirement.





Discuss with your merit badge counselor how to plan and carry out a family council.

Things I discussed with my counselor about how to plan and carry out a family council were: \_\_\_\_\_

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During family council we discussed "How to avoid the use of drugs and drug abuse". Here are some of the ideas and thoughts: \_\_\_\_\_

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\*\* During family council, we discussed the growing-up process, how the body changes, and making responsible decisions dealing with sex.

During family council, we discussed our family finances. I learned: \_\_\_\_\_

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***\*\*This requirement may not be required by your merit badge counselor Contact your merit badge counselor for instruction on this topic***